

ACTIVITIES AT THE MANOR HOUSE & RIVERSIDE CENTRE SPRING 2019

M O N	MANOR HOUSE	
	QIGONG (Karen)	10.00 – 11:00
	PROBUS CLUB	9:45 – 11.45
	DAWLISH U3A (monthly)	10:00 – 12:00
	50+ KEEP FIT – DANCERISE	2:00 – 3:00
	FLEXERCISE (Emily)	2:00 – 3:00
	DAWLISH LADIES GUILD (monthly)	2:00 – 3:00
	KUMON EDUCATIONAL	4:30 – 5:30
	PILATES (Beth)	5:00 – 6:00
	YOGA (Phil)	6:30 – 8:00
	FLEXERCISE (Emily)	6:30 – 7:30
	DAWLISH CHORAL SOCIETY	7:45 – 9:15
	RIVERSIDE	
	THE CENTRE CLUB	1:30 – 4:00
INSPIRE DANCE & FITNESS (Jennie)	4:30 – 6:30	
PILATES (Beth)	7:15 – 8:15	
T U E	MANOR HOUSE	
	FLEXERCISE (Emily)	9:30 – 10:30
	YOGA (Lisa) (2 sessions)	9:30 – 12:45
	FRENCH TUITION (Jacquie)	10:00 – 12:00
	DAWLISH LOCAL HISTORY GROUP (monthly)	2:30 – 4:00
	DAWLISH WI – CRAFT GROUP (fortnightly)	2:00 – 4:00
	RAILWAY CLUB	2:00 – 4:00
	POETRY & WRITING GROUP	2:00 – 4:00
	TAI CHI (Aida)	6:00 – 7:00
	PILATES (Beth)	7:00 – 8:00
	GUIDING LIGHT (fortnightly)	7:00 – 9:00
	DAWLISH WI (monthly)	7:15 – 9:15
	DAWLISH WIVES (fortnightly)	7:30 – 9:30
	RIVERSIDE	
PILATES (Beth)	9:30 – 10:45	
YOGA (Lisa)	2:00 – 3:00	
ZUMBA (Rachel)	6:30 – 7:30	
W E D	MANOR HOUSE	
	PILATES (Beth)	9:30 – 10:30
	YOGA (Phil)	10:00 – 11:30
	SPANISH TUITION (Daneila)	10:30 – 11:30
	DAWLISH DANCERS (Gwen)	1:45 – 3:15
	BRIDGE GROUP	2:00 – 5:00
	KUMON EDUCATIONAL	4:00 – 5:30
FITSTEPS (Carole-Anne)	5:30 – 6:30	

W E D	STAMP CLUB (monthly)		7:00 – 9:00
	RIVERSIDE		
	ZUMBA GOLD (Emma)		11:00 – 12:00
	THE CENTRE CLUB		1:30 – 4:00
T H U R	MANOR HOUSE		
	DAWLISH PAINTERS		9:30 – 12:00
	DEVON VIOLETS BOOK CLUB (monthly)		10:00 – 12:00
	TAI CHI (Mick)		12:45 – 1:45
	INSPIRE DANCE & FITNESS (Jennie)		4:00 – 8:00
	PILATES (Beth)		5:30 – 6:30
	YOGA (Sharon)		7:00 – 8:30
	RAILWAY CLUB		7:00 – 9:00
	DAWLISH GARDEN SOCIETY (monthly)		6:30 – 9:00
	RIVERSIDE		
	DAWLISH LADIES GUILD (monthly)		1:30 – 4:00
F R I	MANOR HOUSE		
	DAWLISH HOME AID – Charity Coffee Morning (bi-monthly)		9:30 – 12:30
	NAIL CLINIC – ASSIST TEIGNBRIDGE (bi-monthly)		9:30 – 1:00
	TAGB TAEKWONDO		6:30 – 7:30
	AA		7:00 – 9:00
RIVERSIDE			
	INSPIRE DANCE & FITNESS (Jennie)		4:00 – 6:00
S A T	RIVERSIDE		
	INSPIRE DANCE & FITNESS (Jennie)		8:45 – 12:30
S U N	MANOR HOUSE		
	OVEREATERS ANONYMOUS		10:00 – 11:00
	CHURCH OF CHRIST		10:00 – 11:30
	SING ALONG (monthly)		2:30 – 4:00
	SPIRITUAL MEDITATION (monthly)		6.00 – 8.00
	LAUGHTER YOGA		7.30 – 9.00

CITIZENS ADVICE		
Tues:	Drop In	9:30 – 12:30
Wed & Fri:	Appointment Only	

Additional groups may be running at other times – for further information or more details, as well as how to book a room, please call 01626 863388 or email

admin@dawlish.gov.uk