

## ACTIVITIES AT THE MANOR HOUSE & RIVERSIDE CENTRE

### AUTUMN 2020

<b>M O N</b>	<b>MANOR HOUSE</b>		
	PROBUS CLUB (Jan-April, Oct-Dec)	9:45 – 11.45	
	DAWLISH U3A (monthly)	10:00 – 12:00	
	ROOTS – Baby Massage	1:00 – 2:00	
	FITNESS FOR LIFE – 50+ (Emily)	2:00 – 3:00	
	DAWLISH LADIES GUILD (monthly)	2:00 – 3:00	
	KUMON EDUCATIONAL	4:30 – 5:30	
	YOGA (Phil)	6:30 – 8:00	
	FITNESS FOR LIFE – 50+ (Emily)	6:45 – 7:45	
	<b>RIVERSIDE</b>		
	WESTERN LINE DANCE (SG DANCE & FITNESS)	11:30 – 12:30	
	ZUMBA GOLD (Emma)	1:30 – 2:30	
	INSPIRE DANCE & FITNESS (Jennie)	4:45 – 7:00	
	<b>T U E</b>	<b>MANOR HOUSE</b>	
FITNESS FOR LIFE – 50+ (Emily)		9:30 – 10:30	
YOGA (Lisa) (4 sessions)		9:30 – 3:00	
DAWLISH LOCAL HISTORY GROUP (monthly)		2:00 – 4:00	
DAWLISH WI – CRAFT GROUP (fortnightly)		2:00 – 4:00	
PHOTOGRAPHY		6:30 – 8:30	
PILATES (Beth)		7:00 – 8:00	
GUIDING LIGHT (fortnightly)		7:00 – 9:00	
DAWLISH WI (monthly)		7:15 – 9:15	
DAWLISH WIVES (fortnightly)		7:30 – 9:30	
<b>RIVERSIDE</b>			
<b>MANOR HOUSE</b>			
PILATES (Beth)		9:30 – 10:30	
YOGA (Phil)		10:00 – 11:30	
<b>W E D</b>	DAWLISH DANCERS	1:45 – 3:15	
	BRIDGE GROUP	2:00 – 5:00	
	KUMON EDUCATIONAL	4:00 – 5:30	
	SPANISH TUITION - BEGINNERS (Daniela)	4:00 – 6:00	
	FITSTEPS (Carole-Anne)	5:30 – 6:30	
	STAMP CLUB (monthly)	7:00 – 9:00	
	<b>RIVERSIDE</b>		
	SAINTS SW – DAWLISH SOCCER TOTS	09.30 – 10.15	
	ZUMBA GOLD (Emma)	11:00 – 12:00	
	<b>T H</b>	<b>MANOR HOUSE</b>	
		DAWLISH PAINTERS	9:30 – 12:00
		TAI CHI (Mick)	12:45 – 1:45
		POETRY & WRITING (Hilary)	2:00 – 4:00
		SPANISH FOR BEGINNERS (Neil)	2:45 – 4:45

<b>U R</b>	PILATES (Beth)	5:30 – 6:30
	YOGA (Sharon)	7:30 – 9:00
	DAWLISH GARDEN SOCIETY (monthly)	6:30 – 9:00
	<b>RIVERSIDE</b>	
<b>F R I</b>	WESTERN LINE DANCE - BEGINNERS (SG DANCE & FITNESS)	11:00 – 12:00
	DAWLISH LADIES GUILD (monthly)	1:30 – 4:00
	INSPIRE DANCE & FITNESS (Jennie)	4:00 – 8:00
	<b>RIVERSIDE</b>	
<b>S A T</b>	<b>MANOR HOUSE</b>	
	DAWLISH HOME AID – Charity Coffee Morning (bi-monthly)	9:30 – 12:30
	NAIL CLINIC – ASSIST TEIGNBRIDGE (bi-monthly)	9:30 – 1:00
	AA	7:00 – 9:00
<b>S U N</b>	<b>RIVERSIDE</b>	
	ROOTS - CYGNETS (Toddler Group)	9:45 – 11.45
	INSPIRE DANCE & FITNESS (Jennie)	4:00 – 6:00
	<b>RIVERSIDE</b>	
<b>S U N</b>	<b>MANOR HOUSE</b>	
	CHURCH OF CHRIST	10:00 – 11:30
	SING ALONG (monthly)	2:30 – 4:00
	ROOTS – Laughter Yoga	7.30 – 9.00
<b>CITIZENS ADVICE</b>		
Tues: Drop In 9:30 – 12:30		
Wed & Fri: Appointment Only		

Additional groups may be running at other times – for further information or more details, as well as how to book a room, please call 01626 863388 or email [admin@dawlish.gov.uk](mailto:admin@dawlish.gov.uk)

NB. Groups that are greyed out have not yet resumed due to COVID-19